

# TV Tune Out 2009

## for Grades 7-8\*

### All Week Long

\*Many of these activities are appropriate for middle school students, too. See The TV Tune Out Guide or [www.winnetkaalliance.org](http://www.winnetkaalliance.org) for further details.

Note that ● means one (1) visit per person during TV Tune Out Week, please.

◆ **Boston Blackie's.** Eat free off the kids' menu with a Tune Out card at our Hubbard Woods location Su-Th (not F & Sa) 4-10. 73 Green Bay, Glencoe. 847-242-9400.

◆ **Caribou Coffee.** Enjoy a small kid's hot cocoa for free, with the purchase of any beverage. For kids with a TV Tune Out card. Valid only at 819 Elm Street, Winnetka. 847-441-7485.

◆ **Color Me Mine.** Come to our paint-your-own ceramic studio. Choose from over 400 ceramic pieces. Free paint time, M-F (not weekends) during TV Tune Out Week, when you show your card. M-Th, 10-8; F, 10-9. 1855 Tower Drive, Glenview (across from Glen 10 Theaters). 847-729-7602.

◆ **D's Haute Dogs.** Enjoy a free fountain drink with the purchase of a sandwich and fries. M, 11-5; Tu-F, 11-7; Sa, 11-5; Su, 11-5. 551 Lincoln Ave., Winnetka. 847-386-6238.

◆ **Girlfriends Nail and Make-up Salon.** All kids with TV Tune Out cards can get a mini-manicure with nail art for \$10 or a mini-pedicure for \$15. Also receive a special goody bag. Takes about 15 minutes. RESERVATIONS REQUIRED. 847-441-9464. Open 7 days a week, 9-6. 1041 Tower Rd., Winnetka.

◆ **Glazed Expressions.** Paint pottery or make your own stuffed animal. Studio time is free for kids carrying their TV Tune Out card. Free t-shirt with "Stuff a Plush" purchase. M-Sa, 10-6; Su, 12-5. (This TV Tune Out special includes the weekends.) Plaza del Lago, Wilmette. 847-251-4800.

◆ **Glenview Park Center's Splash Landings.** Open swim for kids and their families. Buy two and get one free admission with a Tune Out card. T & Th, 11-2 (large slide not available at this time); F, 4-8; Sa, 1-5; Su, 11-5. 2400 Chestnut, Glenview (in The Glen). 847-486-5372.

◆ **L.L. Bean.** For kids with a Tune Out card and accompanied by a caregiver, daily in-store clinics all week at 5 pm on topics including backyard camping, how to fly a kite, biking safety, and others. Call 847-568-3600 for specifics.

◆ **North Shore Art League.** Stop by the office on the 2nd floor of the Winnetka Community House. We'll present all carrying a card with a special gift. M-Th, 9-3:30. 620 Lincoln Ave., Winnetka. 847-446-2870.

◆ **Phototronics.** "Share-a-Photo" with someone special. Stop by with your Tune Out card. Have your picture taken. Leave with a photo and a postcard mailer, which you can decorate and mail to the recipient of your choice. M-F, 9-6; Sa, 9-5:30. 740 Elm St., Winnetka. 847-446-7510. ●

◆ **Pinstripes.** Enjoy complimentary homemade assorted cookies while bowling and/or playing bocce. Su-Th, 11:30 am-11 pm; F & Sa, 11:30 am-12 midnight. 1150 Willow Rd., Northbrook (in the Willow Festival Mall). 847-480-2323.

◆ **REI.** Stop by REI and learn about great ways to enjoy the outdoors! Kids with a TV Tune Out card are invited to visit REI and receive a 15% off coupon (while supplies last; all children must be accompanied by a caregiver). 888 Willow Rd., Northbrook (in the Willow Festival Mall). 847-480-1938.

◆ **Roti-Mediterranean Grill.** Kids with a Tune Out card receive a chocolate chip cookie and balloon with the purchase of any meal. 984 Willow Rd., Northbrook (in the Willow Festival Mall). 4-9. 847-418-2400.

◆ **Shedd Aquarium.** Visit Chicago's #1 cultural attraction during TV Tune Out Week. See thousands of salt and fresh water creatures, from whales to snails. Your general aquarium admission is free, with a Tune Out card. Open M-F, 9-4:15; Sa & Su, 9-5:15. 1200 S. Lake Shore Drive, Chicago. 312-939-2438.

◆ **Shelly's Salon.** 20% off haircuts during Tune Out Week. Call 847-446-3555 for appointment. Tu-F, 10-6; Sa, 9-4; closed Su & M. 962 Green Bay Rd., Winnetka.

◆ **Stuart-Rodgers Photography.** Schedule a half-hour photography session. We'll photograph the kids, then let kids photograph themselves! Proofs available in 2 weeks. (Sitting fee of \$200 waived; pay regular price for prints ordered.) Tune Out offer good through March. 2504 Green Bay Rd., Evanston. 847-864-7322.

◆ **Tapas Gitana.** Receive a complimentary dessert with the purchase of an entrée. For kids with a Tune Out card, accompanied by caregiver. Get a "mini" Spanish lesson. T-Th, 5-9:30; F & Sa 5-10:30; Su, 4:30-9. Closed Mon. 310 S. Happ Rd., Northfield. 847-784-9300.

◆ **Teddie Kossof Salon & Spa.** Get a new haircut for Tune Out Week. Kids who



You may cut out and use the card above as your 2009 TV Tune Out participant card. Please cut along dotted line. OR you can pick up a TV Tune Out card at your school. Please present your cards to merchants when required.

carry a card will receive 20% off haircuts (with selected stylists). Must be accompanied by a parent or caregiver. Call 847-446-9526 for an appointment. Su-F (not Sa) 281 Waukegan Rd., Northfield.

◆ **Via Gelato & Café.** Sit down and relax with your family and enjoy the art of conversation. Buy a delicious gelato and get another free or get a free hot drink. Enjoy live music on F & Sa nights with your sweet treats. Su, 10-6; M-Th, 10-8; F & Sa, 10-11. 1853 Tower Dr., Glenview.

◆ **Wilmette Bowling Center.** Experience cosmic bowling at the coolest place to bowl. Kids with a Tune Out card will get free shoe rental (\$2 value). 1903 Schiller Ave., Wilmette (one block south of Lake, off Ridge Rd.). 847-251-0705.

◆ **Winnetka Public Library.** Choose a free, "gently used" paperback book or magazine. Main Library, 768 Oak St., Winnetka, 847-446-7220.



## Day By Day

### Sunday, March 1

◆ **Embark on a Geocache Treasure Hunt at Emily Oaks Nature Center.** Using a GPS unit, follow coordinates leading to specific locations to find what has been hidden or "cached" here! Basic GPS training provided. Requires 1-2 hours. Equipment rental, \$5; Treasure Hunt guidebook free for kids with a Tune Out card. Must be accompanied by caregiver. 10-4. 4650 Brummel St., Skokie. 847-677-7001. Also on M and F, 8-5.



◆ **Savor a Sunday Sundae at Homer's.** Receive a free small sundae, when you come in with a Tune Out card and are accompanied by an adult. 11-5. 1237 Green Bay Rd., Wilmette. 847-251-0477. ●

◆ **Stop by the Winnetka Animal Hospital's Open House.** Take a tour and learn tips about keeping pets safe and healthy. Dr. Kurt Miller and staff will conduct demonstrations and explain equipment. 12-2. 700 Oak St., Winnetka. 847-441-7474.

◆ **The Eyes Have It at Eyes on the Lake.** Free vision screenings while you enjoy pizza and sub sandwiches. Take home a goody bag, too. 12-4. 420 Green Bay Rd., Kenilworth. 847-853-1111.

◆ **Go on a Snowshoe Adventure at L.L. Bean.** \$15 per person. 12- 2 & 2-4, weather permitting. Snowshoes and poles provided. Participants receive a 10% discount on snowshoeing equipment purchased the same day. Visit [LLBean.com](http://LLBean.com) for more details. Westfield/Old Orchard, Skokie. 847-568-3600. Also on Sat.

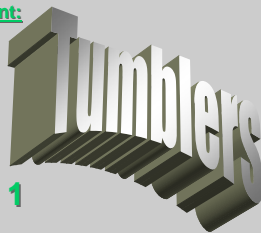
◆ **Travel Back in Time at the Winnetka Historical Society's Schmidt-Burnham Log House.** Enjoy an 1850's craft activity in the Schmidt-Burnham log house, located in Crow Island Woods. 1-3. Space is limited and REGISTRATION REQUIRED. Please email [winnetka411@comcast.net](mailto:winnetka411@comcast.net) or call 847-446-0001.

◆ **Play Basketball at John Karzen Basketball/North Shore Racquet Club.** Open gym for kids with a Tune Out card. (Must be accompanied by a caregiver.) 1:30-3. 2860 Old Willow Rd., Glenview. 847-729-0450.

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#### TV Tune Out Kick-Off Event:

### The Jesse White



### Sunday, March 1 3:30 p.m.

Washburne School Gym, 515 Hibbard Rd., Winnetka

(Use Elm St. entrance during construction)

\$7.00 per person, if ordered ahead. \$8.00 per person, at the door.

Send your order and check made out to "Winnetka Alliance" with a stamped, self-addressed envelope to: Julie Zimmerman, 1556 Tower Rd., Winnetka, IL 60093.

Or you may order online at: [www.winnetkaalliance.org](http://www.winnetkaalliance.org). (\$2.00 charge applies). Questions? Call Julie at 847-386-6286.

Generously underwritten by the Winnetka Park District.



# TV Tune Out 2009 Participant

◆ **Try Backcountry Cooking at REI.** Try samples of great freeze-dried backpacking meals. Learn about camp stoves, basic menu planning. 3-4. REGISTRATION REQUIRED. Call Elliot Bennett, 847-480-1938. 888 Willow Rd., Northbrook. 847-480-1938. *Also on Fri. at 5-6 pm.*

◆ **TV TUNE OUT KICK OFF EVENT: The Jesse White Tumblers.** 3:30 at Washburne School Gym. See box on page 1 for details.

◆ **Find Fun in the Gym at the Northfield Park District's Open Gym.** 4:30-6. 401 Wagner, Northfield. 847-446-4428. *Also on Sat.*

## Monday, March 2

◆ **Make Your Own Pizza at Viccino's Pizza Company.** Tour the kitchen, then make a pizza to eat. **MUST** be accompanied by a parent. \$10 fee per child includes 7" pizza and a drink. RESERVATIONS REQUIRED. 2-4. 300 S. Happ Rd., Northfield. 847-784-9500. *Also, Tues., Wed., and Thurs. ☉*

◆ **Be Creative at the Weekday Make-and-Take at the Winnetka Public Library.** Drop by for an easy and fun craft between 3:30 and 5. No registration required. 768 Oak St., Winnetka. 847-446-7220. *Also on Tues., Wed., & Thurs.*

◆ **Get on the Ball at Five Seasons Sports Club!** Learn about core strengthening, utilizing the stability ball. Free with a Tune Out card. Contact instructor Patrick Kamara, 847-897-5036. PRE-REGISTRATION REQUIRED by 3/1. 4-4:55. 1300 Techy Rd., Northbrook.

◆ **Experience the Magic of the Bakery at Panera Bread.** Behind the scenes look at how we make our delicious breads and baked goods. 4-5. RESERVATIONS REQUIRED. 847-441-8617. 940 Green Bay Road, Winnetka. *Also on Tues.*

◆ **Burn Off Some Energy at the Winnetka Park District's Open Gym.** Free admission to kids, with a Tune Out card. (\$1.00 without). 5:30-7. Skokie School gym, 520 Glendale, Winnetka. 847-501-2040. *Also on Fri.*

◆ **Discover the Basics of Needlepoint at The Classic Stitch.** \$15 includes all materials. REGISTRATION REQUIRED. 4-5. 549 Chestnut St., Winnetka. 847-881-2930. *Also on Wed. and Fri.*

◆ **Play Paddle Tennis at the Winnetka Park District.** Learn about paddle and sharpen your skills thru fun instructional drills and games. 4-5:30. Winnetka Paddle Courts (off Hibbard, behind Nielsen outdoor courts). No charge. To sign up, call Dale Wyant by 3/1 at 847-501-5279.

◆ **Learn Compass Skills at REI.** Try navigating a small orienteering course! 5-6. REGISTRATION REQUIRED. Call Elliot Bennett, 847-480-1938. 888 Willow Rd., Northbrook (Willow Festival Mall). 847-480-1938. *Also on Thurs.*

◆ **Be a Rock Drummer at the North Shore School for the Arts.** Learn the basics of blues, country, hip-hop, rap, and rock rhythms. 6:30-7. 319 Park Ave., Glencoe. 847-835-7777. *Also on Thurs.*

◆ **Be Responsible in the Outdoors with PEAK (Promoting Environmental Awareness in Kids) at REI.** Learn to have fun outside, stay safe, and practice responsible outdoor recreation. 8 pm. 888 Willow Rd., Northbrook (in the Willow Festival Mall). 847-480-1938. *Also on Thurs. at 7 p.m.*

## Tuesday, March 3

◆ **Decorate Your Own Cookie from Three Tarts Bakery.** Show your Tune Out card and receive an undecorated cookie, icing, and sprinkles to decorate at home. 8-5. 301 S. Happ Rd., Northfield. 847-446-5444.

◆ **Go for a Spin on the Ice at the Winnetka Ice Arena.** The Winnetka Park District invites you to enjoy free skating. 3:30-4:45. Includes free skates, admission to Winnetka Ice Arena, 490 Hibbard Rd., Winnetka. 847-501-2060.

◆ **Create Your Own Oil Painting at Anne Loucks Gallery.** Paint on an 8x10" canvas. 8 participants per day. RESERVATIONS REQUIRED. 4-5. 209 Park Ave., Glencoe. 847-835-8500. *Also on Thurs.*

◆ **Take a Candy-Making Class at Georgia Nut Company.** Make three different chocolate creations. \$10 per person. RESERVATIONS REQUIRED, 4-5. 1742 Glenview Rd., Glenview. Must be accompanied by a caregiver. 847-724-8405. *Also on Wed. and Thurs.*

◆ **Learn About Knitting at Three Bags Full.** Learn to cast on, knit stitch, and

cast off in this introductory class. Bring your own yarn and needles or purchase them here. Classes at 4 and 5:30. PRE-REGISTRATION REQUIRED. 1927 Cherry Ln., Northbrook (across from Sunset Foods). 847-291-9933.

◆ **Jump, Bounce, Climb and Slide at Pump It Up.** Have fun and get some exercise, too, on our giant indoor inflatables. 4:45-6. CAN ONLY ACCOMMODATE 40 KIDS, so first come, first served. \$5 fee. Must be accompanied by adult over 18. 1857 Elmdale, Glenview. 847-904-PUMP (7867).

◆ **Fix a Flat at REI.** Learn how to fix a flat tire on your bicycle before you start riding this spring. All the materials and equipment provided, but come prepared to get a little greasy. 5-6 pm. REGISTRATION REQUIRED. 20 kids. Call Elliot Bennett at 847-480-1938. Caregivers must accompany kids. 888 Willow Rd., Northbrook. *Also on Fri.*



## Wednesday, March 4

◆ **Make A Difference in the Life of Someone Less Fortunate.** Help someone in need by working on one of the Volunteer Center's important projects. Make meals for the homeless or participate in a crafts project to brighten the day of those in need. Parents' help always appreciated. 3:45-5. RESERVATIONS REQUIRED. Call Barb Tubekis, 847-441-7665. *Also on Thurs.*



◆ **Discover Scuba Diving.** Explore the underwater world in an indoor pool, using SCUBA equipment. RESERVATIONS REQUIRED. Must be 12 or older, have basic swimming skills, and complete appropriate paperwork (parent signature required) before participation. Times available after school. \$25. Call Bill Dean, 847-446-6694, to register. Sponsored by T.L. Fritts Sporting Goods/North Shore Scuba Center.

◆ **Strength Training for Youth at the Five Seasons Sports Club.** Light weights, bands, and stability balls. 5-6. PRE-REGISTRATION REQUIRED by March 1. Call Patrick Kamara, 847-897-5036. Free with a TV Tune Out card. 1300 Techy Rd., Northbrook.



## Thursday, March 5

◆ **Seek Serenity through Yoga at North Shore Yoga.** Learn how to increase strength and flexibility with yoga postures and breath control. 4-5. 310 Happ Rd. Ste. 216, Northfield. 847-784-8844.

◆ **Perfect Your Golf Game at Green-to-Tee Golf Academy's Golf Carnival.** Practice your swing, chipping and putting. 7-8. RESERVATIONS REQUIRED. \$20 fee per person. 621 Westley Rd. (at the Glencoe Golf Club), Glencoe. 847-405-9800 or email info@greentotee.com.

## Friday, March 6

◆ **Imagine Your Dream Home by Orren Pickell.** Design your dream home with the help of Pickell architects. Visit each design and draw station to watch your dream home come to life. 2-5. 1799 Willow Rd., Northfield (Willow and Happ Rds, next to Starbucks; parking available behind building, on east side). 847-572-5252. www.ImagineByPickell.com. *Also on Sat., 11-1.*

◆ **Be Green and Help Others, Too: Donate Unneeded Electronics and/or Bikes for Recycling/Reuse.** Unwanted electronics (working and nonworking computers, monitors, printers, etc.) will be repurposed and distributed to needy IL schools. Bikes, bike parts, and helmets will be refurbished and given to an African citizen, 70% of whom lack transportation. Bring electronics and bikes to Middlefork School, 405 Wagner Road, Northfield, 3:30-7. For complete details, visit www.sunsetridge29.net or call Bettina Karlove, 847-446-0820. Nonperishable food and clothing donations also accepted. *Also Sat., 8-12.*

◆ **Donate to the New Trier Township Food Pantry.** Bring a non-perishable food item and learn who receives food from the Pantry. RESERVATIONS REQUIRED. 4. Call Ron Baum, 847-446-8201. 739 Elm St., Winnetka.



◆ **Hip Hop into Spring at Fisher Dance Center.** Intermediate/Advanced class for ages 12-13 from 5-6. All levels welcome! REGISTRATION REQUIRED. Call 847-920-9121. 807 Ridge, Wilmette.

## Saturday, March 7

◆ **Find Out How to Tie a Fishing Fly at the Trout and Grouse.** Learn how to tie a "woolybugger" fishing fly at this Beginners' Class. Tools and tying materials provided. 10-11 am and 2-3 pm REGISTRATION REQUIRED by 3/3. 840 Willow Rd., Northbrook (Willow Festival Mall). 847-480-0111.

◆ **Reconnect with Nature through BackYard Nature Center.** In Skokie Lagoons, you'll learn about invasive species. Cut down buckthorn and pick up trash. We end with a bonfire and hot chocolate. 10-1. Dress for the weather and bring work gloves. RESERVATIONS REQUIRED. To RSVP and/or for info, call Linn Carey at 847-835-3738 or email bynaturecenter@aol.com.



◆ **Discover the Beautiful Art of Needlepoint at The Canvasback.** Beginners' class. \$15 fee. 1-3. RESERVATIONS REQUIRED. 1747 Orchard, Northfield. 847-446-4244.

For additional activities and for more complete descriptions of the activities listed on this sheet, please consult **The TV Tune Out Guide** or [www.winnetkaalliance.org](http://www.winnetkaalliance.org).

TV Tune Out Guides are available at your school's office; District 36 office at 1235 Oak St., Winnetka; the Northfield Community Center; or the Winnetka-Northfield libraries.